

March 2025

GECAC NORTH EAST SENIOR CENTER

50 East Main Street, North East, PA 16428 (814) 725-5195

CENTER HOURS

*Tuesday thru Friday
9:00 a.m. to 3:00 p.m.*

*Lunch Served at
12:00 Noon
(\$2.00 Donation/person)*



Daily Lunches

GECAC provides lunches for Seniors 60 and older Tuesday through Friday at our Center. We serve promptly at 12:00 noon on those days. **Meal Donation is \$2.00 per person per day. This fee does not apply to special events.** We are asking that you sign up on the sheets near the front entrance **two weeks** in advance. This will help the kitchen staff plan better for our daily numbers. If you sign up and can't attend, please give us a call. Our preference is to have too many meal versus not enough. We order a few extra meals each day to cover for visitors. If you forget to sign up when you are at the Center, just give us a call and we will be glad to add you to the list.

How Do Donations and Fundraised Dollars Help Our Center

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$5.00. Meal donations also help maintain or replace equipment. These dollars are vital to maintaining the Center and its daily operations. **Booster and Fundraiser Donations** help pay for parties, entertainment, snacks and more. They also help pay for programming like exercise, craft classes, computer usage and more. These dollars are vital to your programming options and enjoyment of the Center. **Donations and Fundraisers** are all voluntary; however please continue to support your Center by whatever means you are able. The Center and their services mean so much to so many and your support goes a long way towards helping your Center continue to offer programming and services



GECAC's Inclement Weather Protocol

Remember that during the winter months, if the North East School District has a two hour delay, or, closes for the day; our Center will be Closed. Please Watch TV Stations (12, 24 or 35) to keep informed.

Please remember to bring an extra sweater during the winter to help keep you warm in the Center. Also, we would appreciate it, if you would bring an extra pair of shoes, or, slippers and remove your boots at the door. This will help keep our floors dry/safe during the winter months.
Thank you!

REMINDER TO EVERYONE HANDICAP PARKING

Please leave the handicap parking spots for individuals who truly need them. This includes using the area near the grass next to the benches. We have several consumers that have difficulty walking into the building and may not have a HANDICAP placard for their vehicle, but need to park close to the door. Thank you for your co-operation!

The GECAC North East Senior Center, Operated by Greater Erie Community Action Committee Area Agency on Aging, is funded in part by PA Dept. of Aging: Dr. Ben Wilson GECAC CEO, Ray Maholtz AAA Division Manager.

TAX ASSISTANCE OPTIONS

OPTION 1: The 4 Nine Thrift Store is offering a voucher program for tax preparation for North East residents. Voucher pick up is in person only during store hours. Store hours are Monday/Wednesday noon to 4:00p.m. Saturday 10:00a.m. to 2:00 p.m. A limited number of vouchers are available. Proof of residency is required. (Address is 49 Smedley Street, North East)

OPTION 2: Vita Free Preparation at Gannon University, 900 State Street, Erie, PA 16541 [\(814\) 746-8155](tel:8147468155)

Tuesday: 11:00 a.m. to 3:00 p.m.
Wednesday 4:30 p.m. to 6:30 p.m.
Thursday 11:00 a.m. to 3:00 p.m.

MUST MAKE AN APPOINTMENT

May Your
troubles be less
and your
Blessings
be more

and nothing but
Happiness
come through your door



GECAC NORTH EAST SENIOR CENTER MARCH 2025 EVENTS



MARCH BIRTHDAY'S

	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Bea Tanner 6 Tammy Mason 7 Sally Newell	3	4 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	5 9:30a Yoga 10:30a Games 12:00p Lunch 12:30 Special Bridge	6 10:00a Games 11:00a Tai Chi 12:00p Lunch 1:00p Bingo	7 9:00a Quilters 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	8 9:00 a.m. North East Crazy Quilters
9 Joann Rowe 11 Lee Ellsworth 12 Debbie Quandt 19 Anna Kennedy	10 N.E. in Bloom Meeting 6:30	11 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	12 9:30a Yoga Class 10:30a Games 12:00p Lunch	13 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap-booking	14 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	15
25 Richard Nollinger 26 Sue McHenry	17 Happy St. Patrick's Day	18 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge 1:00 p Cooking Class	19 9:30a Exercise Class 10:30a Games 12:00p Lunch	20 10:00a Games 10:30a NURSE 11:00a Tai Chi 12:00p Lunch 1:00p Bingo	21 9:00a Quilters 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	22 9:00 a.m. North East Crazy Quilters
26 Cathy Thompson 27 Murray Bissell 29 Shirley Rudolph	24	25 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	26 9:30a Yoga Class 10:30a Games 12:00p Lunch	27 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap-booking	28 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	29
30 Diana Long 31 Marge Snyder	31					



GECAC North East Senior Center March 2025 Menu



	Tue	Wed	Thu	Fri
3	Sausage Sub w/ peppers and onions Pork 'n' Beans	Ox Roast Sandwich Cole Slaw Vegetables Jell-o	Stuffed Cabbage Mashed Potatoes Vegetables Fruit Cup	Tuna Salad Sandwich Baby Carrots Fruit Cup
0	Grilled Chicken Breast Hash Browns Baby Carrots Fruit Cup	Goulash Salad Pudding	Chicken Fettuccini Vegetables Fruit Cup	Turkey Diced Potatoes Peas Pudding
7	Pork Roast Scalloped Potatoes Zucchini Fruit Cup	Stuffed Chicken Breast Sweet Potatoes Vegetables Fruit	Cheeseburger Potato Wedges Coleslaw Fruit Cup	Chicken Ala King Biscuit Green Beans Fruit Cup
4	Oven Fried Chicken Macaroni & Cheese Brussel Sprouts Fruit Cup	Country Fried Steak Mashed Potatoes Broccoli Fruit Cup	Chicken 'n' Noodles Vegetables Jell-o	Stuffed Peppers Brown Rice Toss Salad Ice Cream
1				